



Advance Care Pharmacy COMMUNITY CONNECTION

Second Quarter

April 1, 2013

Volume 1

Important Dates This Quarter

April, 2013

- 1 April Fool's Day
- 15 Tax Day
- 22 Earth Day

May, 2013

- 12 Mother's Day
- 18 Armed Forces Day
- 27 Memorial Day (CLOSED)

June, 2013

- 16 Father's Day

Employee Spotlight

Meet Babak, Our Long-Term Care Pharmacist!

How long have you been in Pharmacy: 17 Years

Why did you choose Pharmacy: *I've always been interested in Pharmacology and the way medications work and effect the body. I'm also interested in Patient Care and Outcomes.*

If you hadn't chosen Pharmacy as a career, what would you be doing: *I would probably be doing something with Biology or in the Medical Field - maybe even research and development of new drugs.*

How do you relax away from work: *I like to spend time with my family and play sports like tennis and jogging*

Do you have any hobbies: *I love to travel*

Favorite food: *I enjoy Persian, Italian, and Mexican foods*

What do you enjoy about being a Pharmacist: *I enjoy improving a Patient's Quality of Life by medication Intervention, Monitoring their Monthly Medications, and giving advice on alternative therapy.*

Disinfect! Disinfect!! Disinfect!!!

Cleaning and disinfecting are part of a broad approach to preventing infectious diseases. To help slow the spread of influenza (flu), the first line of defense is getting vaccinated. Other measures include covering coughs and sneezes, washing hands, and keeping sick people away from others. You can slow the spread of flu specifically through cleaning and disinfecting

Disinfecting kills germs on surfaces or objects. Disinfecting works by using chemicals to kill germs on surfaces or objects. This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.

Message From Maryam

Welcome to our First Newsletter!!! We hope that you are able to learn and enjoy what we have to bring you. Please look for upcoming Training Sessions and Announcements in this issue and in issues to come. We've also included some fun items and home remedies for you to try. If you want to see anything in a future newsletter or have any comments / questions, please don't hesitate to contact Shelbie at x322 or Darlene at x321. Thank You!!!

***** Advance Care is Pleased to Present CEU Training!!! *****

2 Hour Course on DEMENTIA (2Hr CEU)

Saturday April 13th, 2013 - 10:00am-12:00pm
(Training Location at the Pharmacy)

Please R.S.V.P. to advancecarerx@yahoo.com

or call to Shelbie at (760)489-7077 x322

Only 20 Spaces, Get In Soon!

COFFEE
&
DOUGHNUTS



JOIN

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T E C H N I C I A N D N
 D S C A P S U L E Y O P
 N R I R E F I L L I P R
 U F T C R P Y P T X R D
 O O A K A L H P U E L Z
 P R J C I M I O C R B T
 M A Q A S R R T N T Y D
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 C L L S R L M L H J S Y
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CAPSULE
 COMPOUND
 DAILY
 FACSIMILE
 ORALLY
 PHARMACIST
 PHONES
 PRESCRIPTION
 RECTALLY
 REFILL
 SYRUP
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 TECHNICIAN

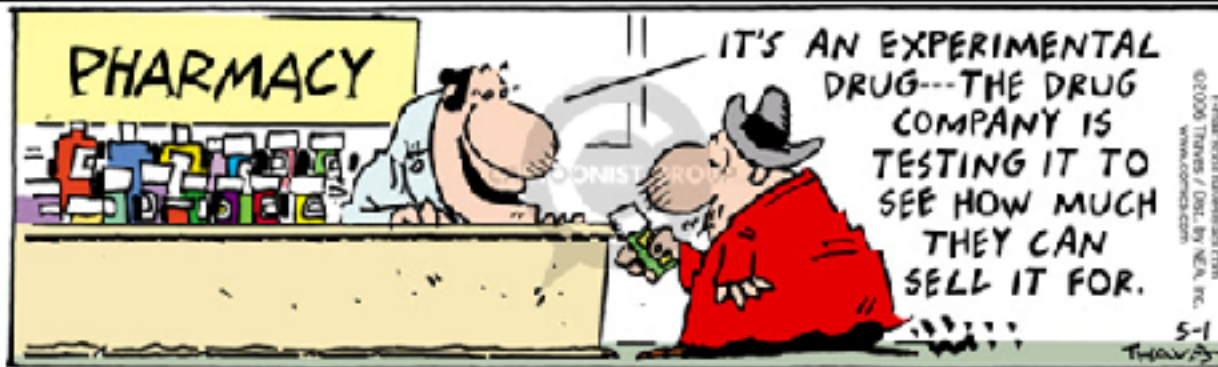
Home Remedy

*Using Juice
 to Relieve Constipation*

*Here are some juices that will
 provide relief on the spot
 without you having to wait
 around:*

*Mulberry Juice
 Boysenberry Juice
 Blackberry Juice
 Cherry Juice
 Elderberry Juice*

*Any one of these juices will
 help relieve your constipation
 problems and keep you nice and
 regular. Try one that sounds
 good to you!*



PHARMACY FUN

'A miracle drug is one that has now the same price as last year.'

'Customer gets a topical cream. Direction: apply locally two times a day. Customer says to the Pharmacist: "I can't apply locally, I'm going overseas."

'A pharmacist is going over the directions on a prescription bottle with an elderly patient. "Be sure not to take this more often than every 4 hours," the pharmacist says. "Don't worry," replies the patient. "It takes me 4 hours to get the lid off"

Pharmacy Contacts (760) 489-7077

Long Term Care: Dolores at x301 - Hospice: Jorge at x313 - Billing Dept: Darlene at x321

Maryam: (760) 212-2761

Bilingual Languages: Farsi, Spanish

Trust Your Local Pharmacy For All Your Needs

**DID YOU
 SEE THE
 CEU
 TRAINING
 SESSION
 ON THE
 FRONT?**